

NOTTINGHAM FOREST SOUTH POOL RULES

1. Hours of operation will be 11 AM to 9 PM daily, unless otherwise specified.
2. In case of emergency call 911
3. Do not swallow or spit water
4. Diaper changing inside pool area is prohibited
5. Pollution of aquatic venue is prohibited, including but not limited to smoking, vaping and e-cigarettes
6. Do not swim if you have open wounds
7. Do not swim if you are ill with diarrhea or have had diarrhea within the last 2 weeks
8. Shower before entering the water
9. Children under 14 years of age must be supervised by an adult (parent or caregiver)
10. No Diving (as applicable per JCAHC 5.5.5)
11. Intentional hyperventilation and extended breath holding activities are dangerous and prohibited.
12. No animals in the aquatic venue, and not within pool fence, except service animals, if applicable
13. Food and beverages are permitted, as long as consumed in cans or plastic containers.
14. Alcoholic beverages are permitted, as long as consumed in cans or plastic containers.
15. No flotation device larger than 72" x 30" will be allowed in the pool, and only a single person may use it at any time.
16. Every hour, 10 min to the hour, a 10 min break period will occur. Nobody under 18 allowed in the pool during the rest time, no exceptions.
17. All patrons are required to be courteous and respectful to others; your behavior and actions should not impede the enjoyment of others.
 - o Boisterous or rough play, running, and gymnastics will not be tolerated.
 - o Profanity and spitting of any sort will not be tolerated.
18. Pool management reserves the right to close the pool for any reason, including but not limited to, inclement weather, special events, and health reasons.
19. Water safety is at the total discretion of the pool lifeguards on duty. Any person failing to abide by the rules and/or decisions of the pool management are subject to immediate ejection for the day.
20. NFS Pool enforces a "3 strike" policy. Any person who has been ejected more than 2 times will be banned from the pool for the remainder of the season.
21. No balls other than soft, spongy balls designed for pool use, and no larger than a softball may be used at the pool. Balls, or any other objects, may not be thrown between the pool deck or across the pool from the pool deck at any time. No balls or objects can be thrown off or to patron on diving board.
22. No Floaties, life jackets, rafts, or goggles allowed on diving boards
23. NFS Pool is only for the use of NFS residents & their guests. NFS residents are responsible for the behavior of their guests at all times.
24. No area of the pool can be reserved for parties. Any guests over the stated limit, must be paid for by the NFS resident.